



american overseas dietetic association



an affiliate of the

Academy of Nutrition and Dietetics

AODA E-News

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Join Our List

Dear AODA Members,

It's exciting to see that there is work underway to collate worldwide knowledge and competency statements. I know that one of the challenges a number of us has faced when moving to another country is recognition of previous qualifications. If your country has documented competency statements, please pass them on!

The open positions on the AODA Leadership Team are perfect opportunities to contribute to the organization and develop leadership skills! Please see the list below and respond, if you are interested in becoming involved.

Sincerely,
Your Newsletter Editor
Jamie Sheard, APD, AN, PhD
newsletter@eatrightoverseas.org

50-Year Members of AODA

Congratulations to the following AODA members who have been part of our organization for 50 years!

Cecilia Florencio of the Philippines
Adeline Lui of Hong Kong

Thank you for your contributions and commitment to AODA over the years!

Evidence Analysis Library Projects

The Academy of Nutrition and Dietetics is seeking workgroup members for the following Evidence Analysis Library Project:

- Malnutrition in Pregnancy



[AODA Member Listserv](#)

AODA Passport

View the [AODA Spring Passport here!](#)

Connect with AODA!



Like us!



Follow us!



Follow us!

This is a great way to contribute your expertise, benefit the dietetics profession and enhance your professional development!

For more information, please visit the [website](#). If you are interested in the project, please forward the following information to [Lisa Moloney](#):

- CV to include public speaking engagements, presentations, and Academy involvement.
- Personal statement expressing interest and qualifications you bring to the project (300-500 words)

International Knowledge and Competency Statements

Unified List of Knowledge and Competency Statements

The International Confederation of Dietetic Associations Board is attempting to develop a unified list of knowledge and competency statements that can be applied in any location of practice, worldwide.

The ICDA Board will be meeting in November 2014 in Phoenix, Arizona to begin this work. If you would like to contribute, you can send the relevant documents to [Sylvia Escott-Stump](#) by June 1. If your country has regulations, licensing, accreditation, credentials, or standards that are used to determine who can practice as a dietitian/nutritionist, please participate. No infringement of copyright will occur, as the ICDA Board will be looking for the common terminology, curriculum, and competencies.

World Health Organization: Draft Guideline on Sugar Intake

The WHO has issued draft guidelines for sugar intake for adults and children that are now open for [public consultation](#).

"The objective of this guideline is to provide recommendations on the consumption of free sugars to reduce the risk of NCDs in adults and children, with a particular focus on the prevention and control of weight gain and dental caries. When finalized, the recommendations in this guideline can be used by programme managers and policy planners to assess current intake of free sugars relative to a benchmark and develop measures to decrease intake of free sugars, where necessary, through public health interventions."

The public consultation will be open until **March 31, 2014**.

Open Leadership Team Positions

AODA is currently seeking volunteers for the following exciting Leadership Positions.

- **Fundraising Chair:** The person in this position will organize at least one fundraising activity annually and canvas the membership, affiliated state associations, and other organizations for fundraising ideas.
- **Public Relations Chair:** The person in this position will facilitate the promotion of AODA.
- **Media Representative:** The person in this position will provide interviews for national and international press contacts, initiate media placements, and present AODA primary and secondary messages in interviews.
- **Newsletter Editor:** The person in this position will provide information to AODA members about a variety of topics as a co-editor.
- **IT Chair:** The person in this position will design, create, and revise the format of the website, as needed.
- **Membership Data Coordinator:** The person in this position will maintain and update all member and subscriber information on file on a monthly basis in addition to producing and sending out new member packets.

For more information, please contact the AODA Nominating Committee Chair, Peggy Yip, at NCC@EatrightOverseas.org

Member Feedback Needed for the Spring 2014 House of Delegates Meeting

The Academy of Nutrition and Dietetic's Virtual Spring 2014 House of Delegates (HOD) meeting will be held May 3-4, 2014. The discussion will focus on the mega issue question: *How do we mobilize members to commit their time, talent, and resources to research?*

Background

We must use research to demonstrate how RDNs and DTRs improve the nation's health through food and nutrition in order to advocate for increased reimbursement. Without sufficient data on outcomes and the effectiveness of RDN-specific interventions, reimbursement for services is difficult to achieve. Data regarding outcomes are needed for all areas of practice to show their value; in this way, RDNs can increase value, validity, funding, and respect for dietetic practices.

For additional information, please refer to the [HOD Backgrounder](#) and [Research Executive Summary](#).

Member Feedback Needed

Your responses to the following questions will contribute to the success of the 2014 Spring HOD meeting. Please forward your responses to hdc@eatrightoverseas.org.

1. **What are you already doing in regards to research?**
2. **How do you see yourself/yourself contributing to research in the future?**

For more information about the Academy of Nutrition and Dietetic's House of Delegates, please visit <http://www.eatright.org/hod/>.

Have Your Say! Brazil's New Dietary Guidelines

Brazil has issued new dietary guidelines for 2014, and they are open for consultation. Take the time to add your valuable input [here](#).

Open Country Representative Positions

We are currently seeking a volunteer to act as country representative (CR) in **South Africa**.

As a CR, you would:

- Represent AODA within the country by establishing relationships with nutrition associations and dietetic professionals.
- Integrate AODA members for nutrition issues within the country.
- Serve as an expert resource for AODA/Academy of Nutrition and Dietetics and interested parties for all nutrition issues within the country.

For more information or to share your thoughts, please contact Virginia Tijerina Walls, AODA Country Representative Chair, at cr-chair@eatrightoverseas.org

Update from our House of Delegates Representative

In 2000, the Academy adopted a consultative leadership called [Knowledge-Based Strategic Governance](#), where the Board of Director's role is governance of the organization, the House of Delegate's role is governance of the profession, and the staff's role is the management and implementation of the Strategic Plan. More importantly, the Academy realized that ... "Effective leadership focuses on the outcomes desired rather than on the activity required. Strategic leadership means focusing on what

needs to happen next, rather than on what has already been done. Good leaders spend their valuable and limited time together using information not collecting it".

The most important thing I have learned as a Delegate is that I am a "representative of" rather than a "representative for" AODA. What do I mean?

"Representative of" leaders understand the entire issue and make decisions based on the best interests of the organization.

"Representative for" delegates believe they voice only the self-interests and opinions of the constituency who elected them and vote only on behalf of that constituency's interests.

In summary, effective leadership is outcomes-focused and that, as "representative of" leaders, effective delegates make decisions based on the best interests of the organization.

Again, wherever you are in the world, thank you for everything you do for our profession. It is a pleasure to represent you as your delegate at the Academy of Nutrition and Dietetics' House of Delegates.

Editha P. Heberlein, Lt Col, USAF, BSC, MS, RDN, FADA < FAND

American Overseas Dietetic Association Delegate, Academy of Nutrition and Dietetics House of Delegates

Membership Benefit Corner

AODA Educational Stipends

AODA is proud to offer two (2) \$500.00 USD Educational Stipends per year to members who would like to attend a food/nutrition related conference. Awardees are members who qualify for the stipend and complete the application form according to the guidelines. AODA members are encouraged to read about the criteria to see if they qualify for the stipend. To download the application (which includes the criteria), click [here](#). All applications are emailed by the stated guidelines to [Member Services Chair](#).

For a conference between June 1 and November 30, 2014, the application deadline is April 15, 2014. The awardee will be notified by May 1, 2014.

Job Opportunities

The full list of jobs are available on the [AODA website](#).

This month, I'd like to feature 2 jobs available in the LBJ

Tropical Medical Center-Pago Pago, American Samoa:
[Clinical Dietitian](#) and [Renal Dietitian](#).

Note: Positions are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics

Conference Attendance

Are you attending a conference and want to meet up with other AODA members? We will be using this space to help you connect with members!

Are you planning to attend the [European Congress on Obesity](#) in Sofia, Bulgaria, May 28-31? If so, please let us know, and we will try to plan an informal AODA meet-up during the congress. Please email Erin Kappelhof at pastpresident@eatrightoverseas.org. Details to follow!

CPE and Training Events

Online Introduction to Paediatric Nutrition for Health Professionals

The online 6-week course consists of 6 topics, with each topic taking 4-6 hours to complete. The course is targeted at those with a basic understanding of nutrition who wish to extend skills such as dietitians who are working with children or other health professionals such as doctors, nurses, and speech pathologists who are interested in paediatric nutrition. Topics include nutrition assessment, nutrition requirements, normal feeding (2 parts), undernutrition, and over nutrition.
Online, commencing March 2014

Dietary Assessment Methods Workshop

The workshop brings together current knowledge and practice on dietary assessment methods, with a particular focus on choosing correct assessment techniques for optimising dietary intake data measurement. Practical guided sessions enables delegates to trial computational analysis of dietary data parallel to one to one drop-in discussions with experts in the field.
London, England: March 26, 2014

AMIA 10x10 Informatics Education Program

The goal of the AMIA-OHSU 10x10 program is to provide a detailed overview of biomedical and health informatics to those who will work at the interface of healthcare and information technology. The course also aims to provide an entry point for those wishing further study (and career development) in the field. It provides a broad understanding of the field from the vantage point of those who implement, lead, and develop IT solutions for improving health, healthcare, public health, and biomedical research.
Online, May 7 - October 8, 2014

Lessons from the Mediterranean: Applying Yesterday's Wisdom to Tomorrow's Table

In this workshop, learn the influence of history and culture on traditional and modern day agriculture, how ecology and the ecological environment shape both diet and medicine, the role of conservation practices in preserving natural environments and food heritage, the impact of a changing environment on agriculture and trade, modern threats to healthy lifestyles, and culinary practices in traditional and modern cuisine.

Island of Crete, Greece: May 13-20, 2014

Creating Just Food Systems: Cultural Tools for Local-Global Activism

Women are central to the global food system - as small scale farmers, salaried workers in agribusiness, markets and restaurants - and they are also the key leaders in grass-roots initiatives to create a more equitable and sustainable food system. This course will focus on roles different groups play in promoting community resilience through food systems that address interrelated issues of poverty, health, environment, gender, and racial equality. Using a participatory research and popular education approach, participants will share stories (and food) from their own diverse contexts; will learn about frameworks of food security, food justice, and food sovereignty; will map local, regional and transnational networks; and will explore artistic, cultural, and spiritual practices that build communities and local-global activism. Antigonish, NC, Canada: May 13-30, 2014

Health Education and Health Promotion: Theory and Practice

The course aims at contributing to understanding the main theoretical principles underlying health communication and health promotion, as well as the application of these principles in practice. The course will include lectures and practical exercises to apply the acquired knowledge.

Most days will have the following structure: 1. A theoretical introduction; 2. A demonstration project, to illustrate translation of theory into practice; 3. Group work, in order to apply the principles yourself.

University Maastricht, the Netherlands: June 30-July 4, 2014

Save the Dates: Upcoming Conferences and Events

10th Valhouny Dietary Fiber Symposium

Bethesda, MD, USA, March 26-28, 2014

2014 International Conference on Eating Disorders (ICED)

New York, USA, March 27-29, 2014

Academy of Nutrition and Dietetics Public Policy

Workshop

Washington DC, USA, March 30 - April 1, 2014

International Society for Nutritional Psychiatry Research (ISNPR)

Melbourne, Victoria, Australia, April 3-4, 2014

6th Exercise & Sports Science Australia Conference and Sports Dietitians Australia Update: RESEARCH TO PRACTICE

Adelaide, Australia, April 10-12, 2014

American Society for Nutrition 2014 Scientific Sessions and Annual Meeting

San Diego, CA, USA, April 26-30, 2014

8th Congress of the International Society of Nutrigenetics/Nutrigenomics

Gold Coast, Queensland, Australia, May 2-3, 2014

The 4th Science of Nutrition in Medicine and Healthcare Conference

Gold Coast, Queensland, Australia, May 3-4, 2014

XVII International Congress on Nutrition and Metabolism in Renal Disease 2014

Wurzberg, Germany, May 6-10, 2014

3rd International Vitamin Conference

Washington DC, USA, May 12-15, 2014

National Nutrient Databank Conference

Portland, OR, USA, May 14-17, 2014

2nd World Forum for Nutrition Research Conference

Brisbane, Queensland, Australia, May 15-17, 2014

Building Resilience for Food and Nutrition Security

Addis Ababa, Ethiopia, May 15-17, 2014

3rd International ISEKI Food Conference

Athens, Greece, May 21-23, 2014

International Symposium on Understanding Moderate Malnutrition in Children for Effective Interventions

Vienna, Austria, May 26-29, 2014

Australia New Zealand Society for Geriatric Medicine Annual Scientific Meeting 2014

Melbourne, Australia, May 28-30, 2014

Micronutrient Forum: Bridging Discovery and Delivery

Addis Ababa, Ethiopia, June 2-6, 2014

4th Annual LCIRAH Research Conference: Agri-food

[policy and governance for nutrition and health](#)

London, England, June 3-4, 2014

[9th International Conference in Interpretive Policy Analysis](#)

Wageningen, The Netherlands, July 3-5, 2014

[6th Africa Nutritional Epidemiology Conference](#)

Accra, Ghana, July 21-25, 2014

[5th Buenos Aires Nutrition Conference](#)

Buenos Aires, Argentina, August 13-14, 2014

[International Symposium on Indigenous Vegetables; International Horticultural Conference](#)

Brisbane, Australia, August 18-20, 2014

[2014 Asian Congress of Dietetics](#)

Taipei, Taiwan, August 21-24, 2014

[Meals on Wheels Annual Conference and Expo](#)

Scottsdale, AZ, USA, August 26-28, 2014

[WHO Consultation: Fortification of condiments and seasonings with vitamins and minerals in public health: from proof of concept to scaling up](#)

New York, NY, USA, August 26-28, 2014

[25th Congress of the Nutrition Society of South Africa and the 13th Congress of the Association for Dietetics in South Africa](#)

Johannesburg, South Africa, September 16-19, 2014

[2014 Food & Nutrition Conference & Expo \(FNCE\)](#)

Atlanta, GA, USA, October 18-21, 2014

[Walk 21: XV International Conference on Walking and Liveable Communities](#)

Sydney, NSW, Australia, October 21-23, 2014

[Food Analysis Congress](#)

Barcelona, Spain, October 29-30, 2014

[III World Congress of Public Health Nutrition](#)

Las Palmas de Gran Canaria, Spain, November 7-12, 2014

[Second International Conference on Nutrition \(ICN2\)](#)

FAO Headquarters, Rome, Italy, November 19-21, 2014

Visit our [website](#) for more information.

[New Members & Supporters](#)

The AODA would like to extend a warm welcome to our new members and supporters:

Canada

Amy Yuen Ting Chow
Usha Nathwani
Marcia Sivilotti

Hong Kong

Chau Wai Chan
Tammie Kong

Macao

Leok Hang Lam

Qatar

Foozieh Kamali
Gina Van Vliet

South Korea

Jisun Park

United Arab Emirates

Suresh Kumar K M

United States

Chi Hong Lee
Virginia Wade

Mission:

Empower members to be international food and nutrition ambassadors

Vision:

Optimize health internationally through food and nutrition

AODA Sponsors:



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